



# PATIENT INTAKE FORM

Please answer the following questions to the best of your ability to enable a more complete assessment of your condition.

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Address \_\_\_\_\_ Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_

Work #: \_\_\_\_\_ Home #: \_\_\_\_\_ Mobile: \_\_\_\_\_

Sex: \_\_\_\_\_ Marital status: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Occupation: \_\_\_\_\_ Health Fund: \_\_\_\_\_

E-mail address: \_\_\_\_\_

How were you referred?

- Friend \_\_\_\_\_
- Relative \_\_\_\_\_
- Other Health Practitioner  
\_\_\_\_\_
- Other \_\_\_\_\_
- Website
  - Acupuncture Emporium
  - Indigo Health for Mind & Body
  - Natural Therapy Pages
  - Acupuncture & Natural Therapies Centre

## EMERGENCY CONTACT

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb & Post Code: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Mobile: \_\_\_\_\_

Doctor and/or Specialist:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications / Herbs / Supplements your taking

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How many children do you have & their ages? \_\_\_\_\_

\_\_\_\_\_

## SOCIAL HISTORY

Do you use tobacco? Yes \_\_\_\_\_ No \_\_\_\_\_ #Packs/day \_\_\_\_\_

Do you use alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_ #Drinks/wk \_\_\_\_\_

Main Complaint: \_\_\_\_\_

**HEALTH HISTORY**

- 1. Have you taken antibiotics more than 5 times throughout your life? Y / N
- 2. Have you taken oral steroids more than 5 times throughout your life? Y / N
- 3. Please circle if any of these are relevant:
  - Vegetarian
  - Vegan
  - Gluten Intolerant
  - Lactose Intolerant
- 4. Do you have any allergies? (Includes medications, herbs, supplements, animals, food and other)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 5. Please list any medical conditions

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 6. Family Medical History

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PREVIOUS SURGERIES**

Have you ever had surgery?

| Procedure | Date | Indication | Outcome |
|-----------|------|------------|---------|
|           |      |            |         |
|           |      |            |         |
|           |      |            |         |
|           |      |            |         |
|           |      |            |         |

I consent to have Acupuncture and if required also cupping, gua sha and prescribed Chinese herbal medicines based on a traditional Chinese medicine diagnosis but incorporating Western Medicine diagnosis, use of pathology tests and knowledge of the latest research into Chinese medicine and acupuncture.

*After acupuncture treatment it is possible but uncommon that you may experience tenderness, minor bleeding and/or bruising at the needle sites. It is also possible that you may feel light headed, some dizziness, a feeling of elation, calm or emotional. The use of Cupping and/or Gua Sha can also leave the area feeling tender and produce either redness or bruising at the site.*

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_